

Modern drug delivery system I.

Prof. emer. Dr. Hódi Klára

Topics of this presentation

- Introduction
- Absorption from the mouth
- Modified drug release
 - Monolithic systems
 - Delayed release systems
 - Coated tablets and capsules
 - Two- and multilayer tablets

Drug therapy

The patients

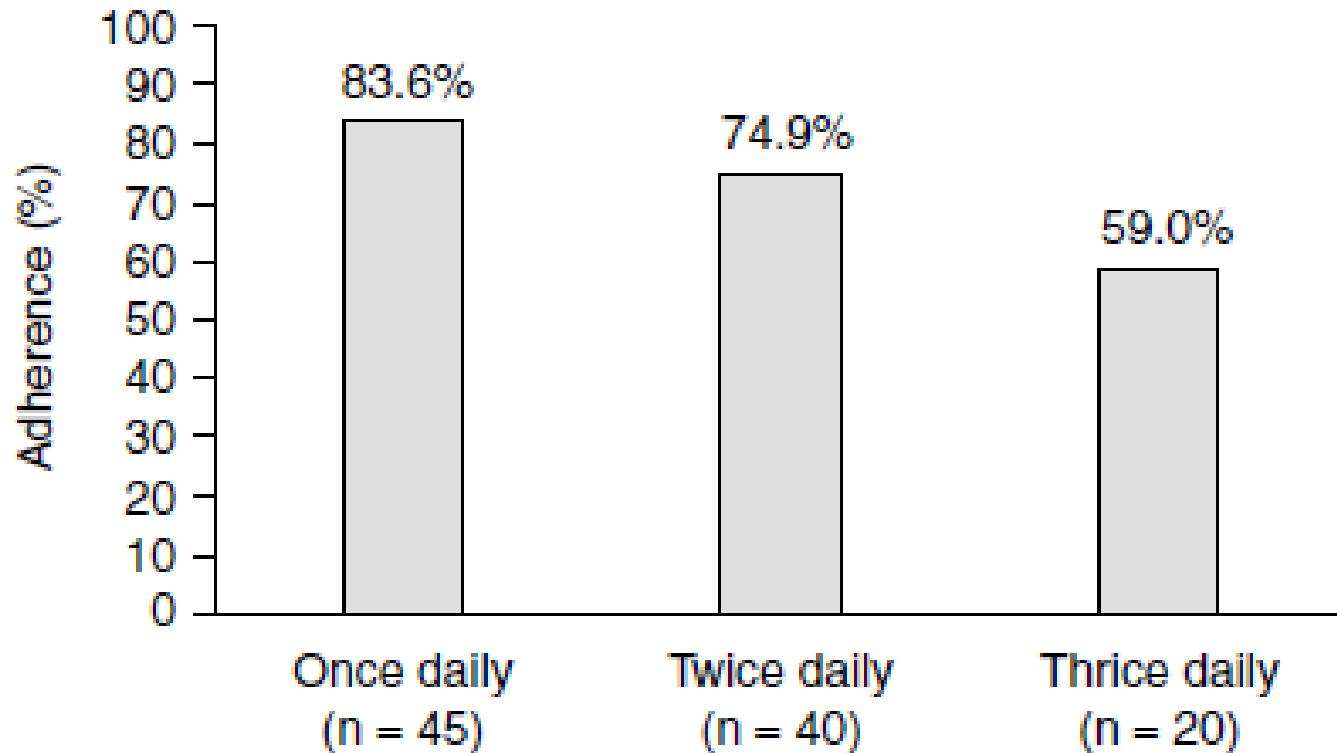
50 % of patients do not use appropriately the medication
(patients with chronic disease),

60%- can not measure well the blood sugar level

65 %- can not reach the aimed level of blood pressure
and (49 %) the cholesterol level

The reason is the disorder in the patient's drug usage.

Adherency



Mean medication adherence according to administration frequency. |

From the aspect of recovery the better choice is one pill/tablet per day.

Requirements of innovation in pharmaceutical industry

- **new products**
- **quick marketing**
- **benefit**

Results

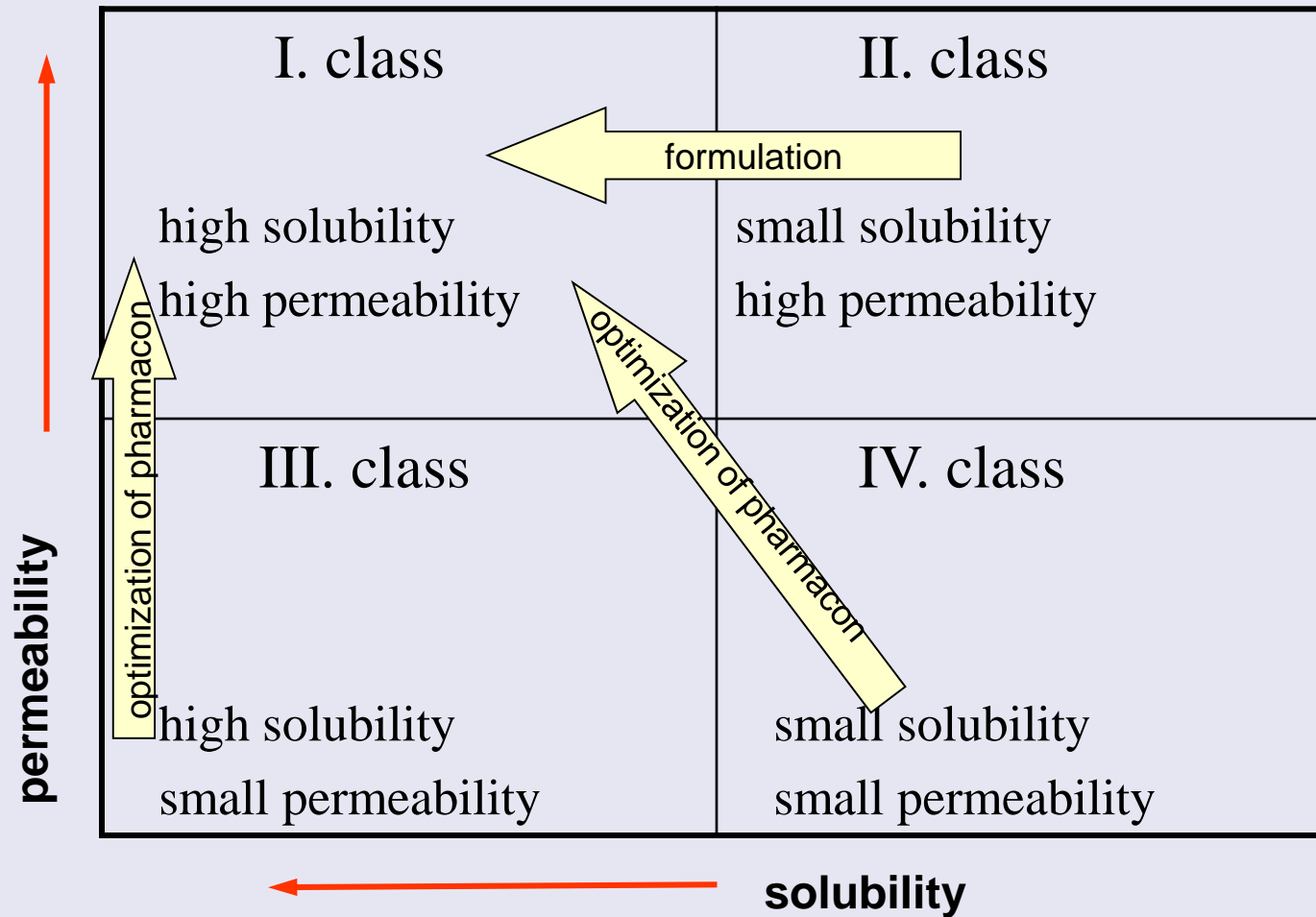
- **increasing in the role of pharmaceutical industry**
- **increasing in the innovation in pharmaceutical industry**
- **a lot of inventions and patents**

Reasons of the wrong bioavailability:

- 1.) the dissolution is not complete,
- 2.) the API is not in dissolved form at the absorption site, because the delayed liberation from the DDS or the GI-transit is too fast,
- 3.) after the liberation, it degrades/decomposes, adsorbes to any surface or forms an immiscible complex,
- 4.) the API can not go trough the membrane barrier,
- 5.) during the absorption (preabsorptive metabolism) or after this the API can be metabolised (first pass effect), or eliminated (biliar excretion).

Biopharmaceutical Classification System (1995)

(Prof. Gordon L. Amidon)

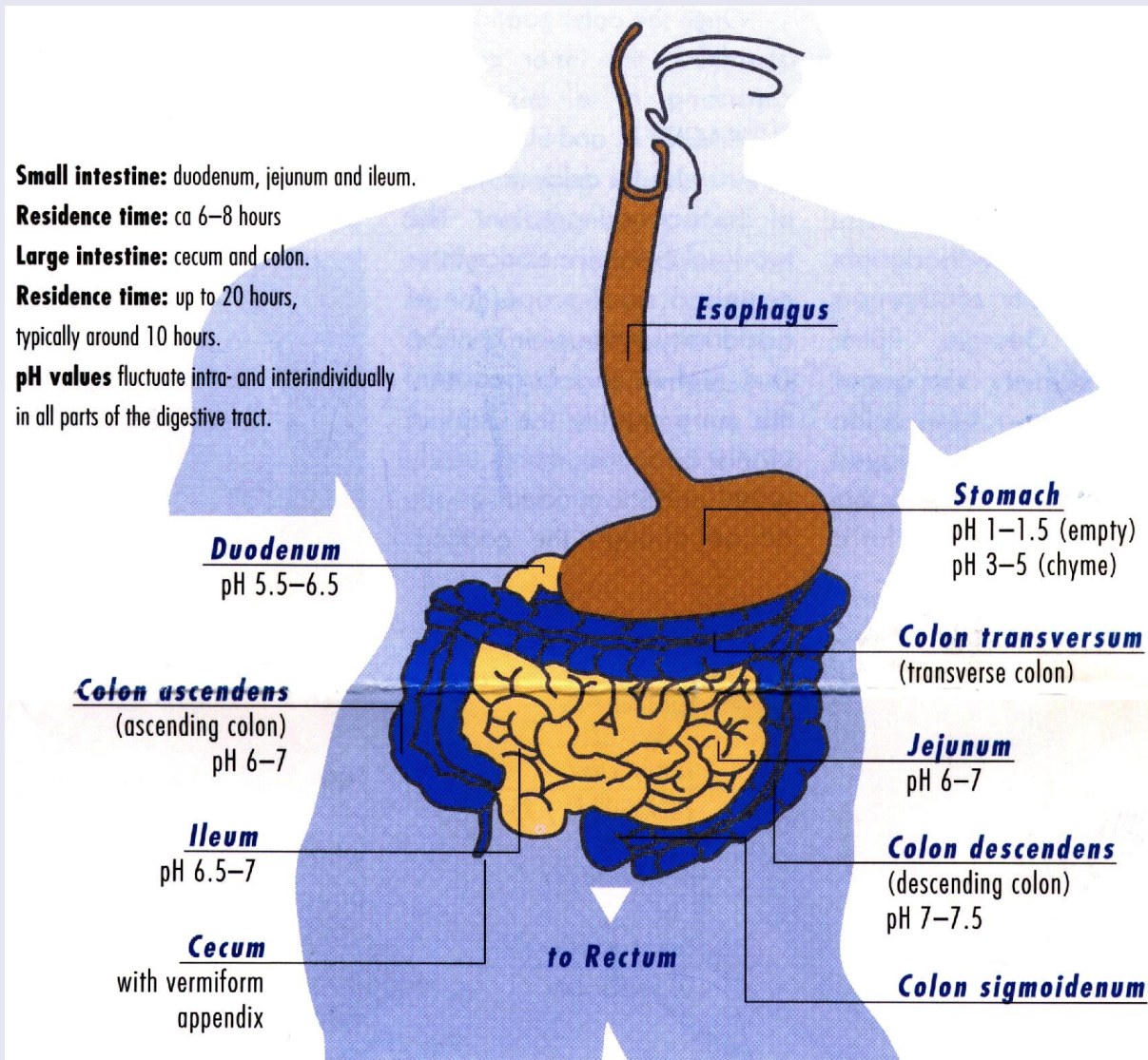


Drug therapy

Requirements of drug therapy

- reduction of the dose (side effects),
- perfect fitting for biological environment (absorption site depending of pH),
- perfect fitting for therapeutic requirements (systemic, local, immediate, prolonged, targeted release),
- design of the fate of drug from organism (metabolism, excretion)

pH in the gastrointestinal tract



Parameters of the sections of GI system

Per os	Length	Secretum/day	pH	Food pH	Retention time (h)	Absorption area (m ²)
Mouth Oesoph.	10 cm 20 cm	saliva 1-2 l secretum	5.0-8.5		10-20 s 10-20 s	0.02
Gastric	25 cm	gastric juice empty 50-100 ml chyme 2-3 l	1.0-1.5	3-5	0.5-3 h	0.1-0.2
Small intestine Duodenum	25-30 cm	pancreas secretum 7-1.5 l gall 0.6 l mucosal secretum 2-3 l	5,5-6.5	6-6.5	6-8 h	100
Jejunum Ileum	2 m 3 m	water resorption 7 l	6-7 kb. 7.6	6-8		
Colon	1.2-1.5 m	Water resorption 0.3-1 l		7.0-7.5	kb. 10 h	0.5-1
Rectum	10-12 cm	Secretum in rectum	7.2-7.4			0.04-0.07

Groups of products

1. generation: conventional products

Conventional drug delivery may not undergo a change – application of a particular composition or manufacturing method – that can intentionally alter the release of active substance.

Tablets, suppositories, ointments, etc.

The physico-chemical and pharmacokinetic (half time, bioavailability) behaviours of the API determine its fate in the human body (dissolution, plasma level, duration of action, side effects).

2. *generation: modified release preparations*

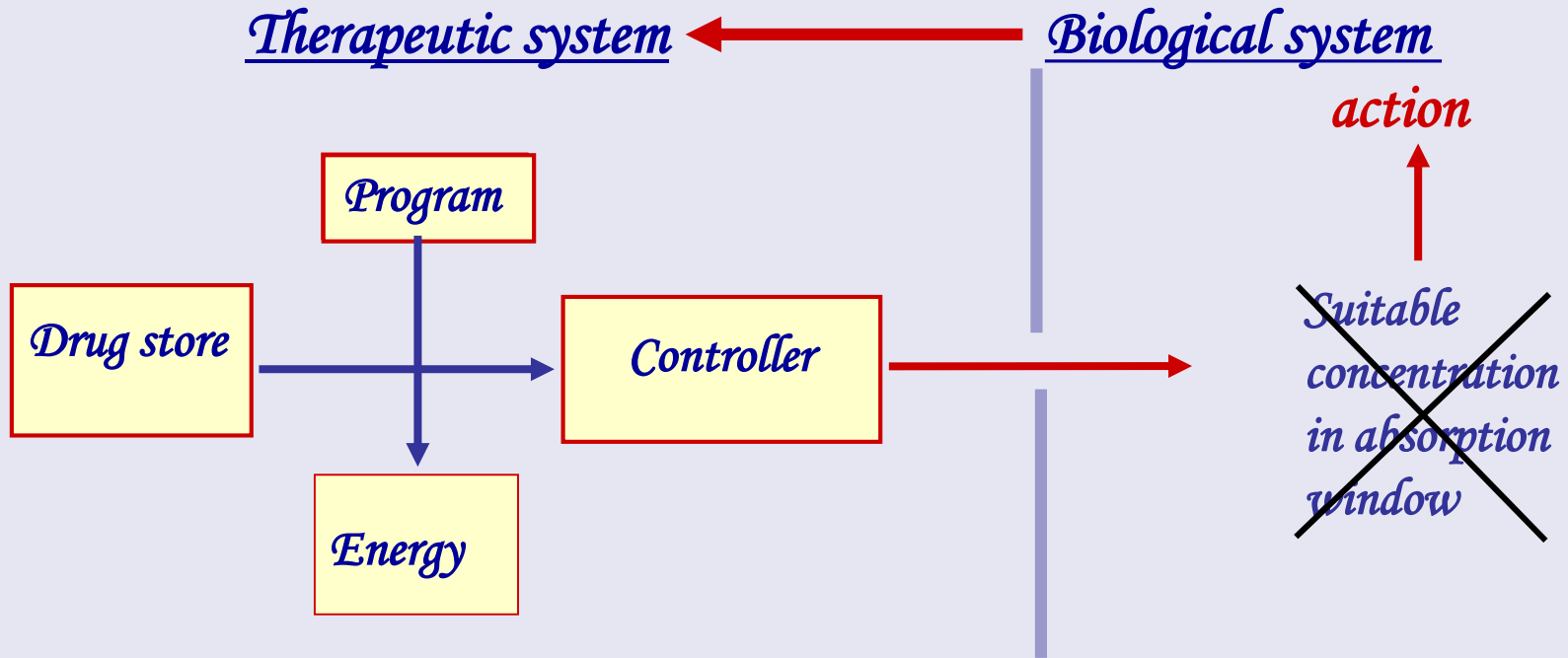
The modified release means the deliberated control of dissolution to achive a better therapeutic effect/effectiveness.

- *prolonged release, sustained release = SR*)
- *delayed release (cronotherapeutics systems also = DR)*
- *pulsatile release (cronotherapeutics = PR)*
- *immediate (accelerated) release (IR)*

Usually, it can improve the compliance, because the preparations with sustained release should be taken rarely so the reduction of the side effect is possible. The controlled drug release can reduce the API blood peaks so the likelihood and severity of side effects.

3. generation: controlled drug delivery systems

*The drug release is controlled in time and in space
(therapeutic systems)*

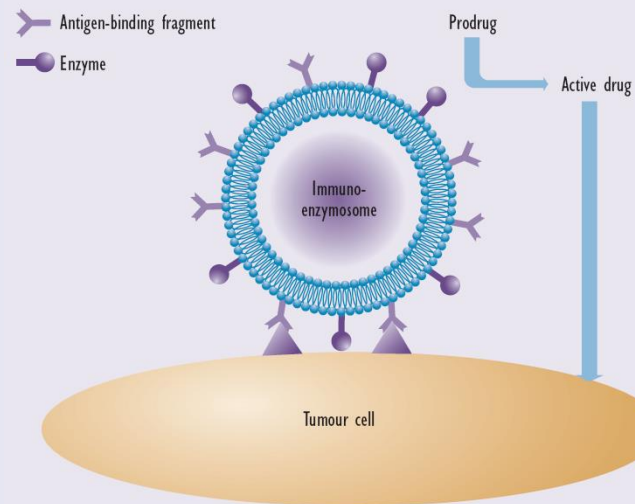


The therapeutic system contains 4 parts. The controller registers the decrease of the API in the blood and turns on the work of the therapeutic system.

The energy liberates the API according to program from the drug store and the API has to cross the human organism by the absorption window.

4. generation: space-controlled systems

- *Local-specified drug release preparations (delayed)*
eg. gastroretentive systems
- *Targeted drug release preparations*



Only the liberated substance can be absorbed in the target cell.

Drug release model

Noyes-Whitney model

Dissolution-diffusion

$$\frac{dm}{dt} = kA(C_s - C)$$

m	dissolved API at the 't' time
t	time
k	kinetic of dissolution
A	surface area
C_s	solubility
C	concentration of the API at 't' time

Korsmeyer-Peppas model

$$\frac{M_t}{M_\infty} = at^n$$

a constans

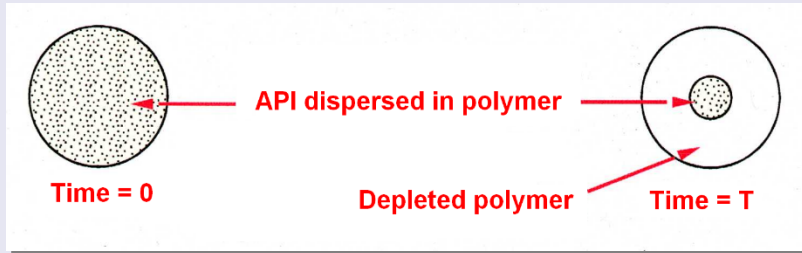
n dissolution factor

In the case of *lag time*:

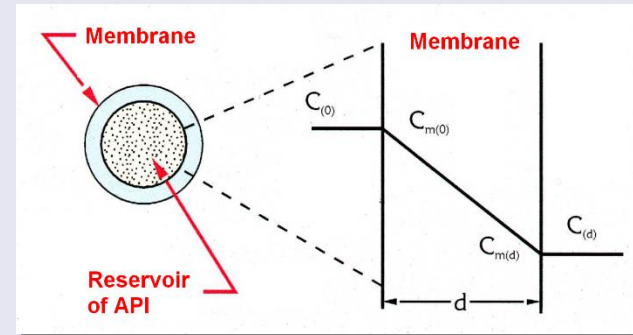
$$\frac{M_t}{M_\infty} = a(t-l)^n$$

Water-insoluble polymers

Matrix pellets



Reservoir pellets

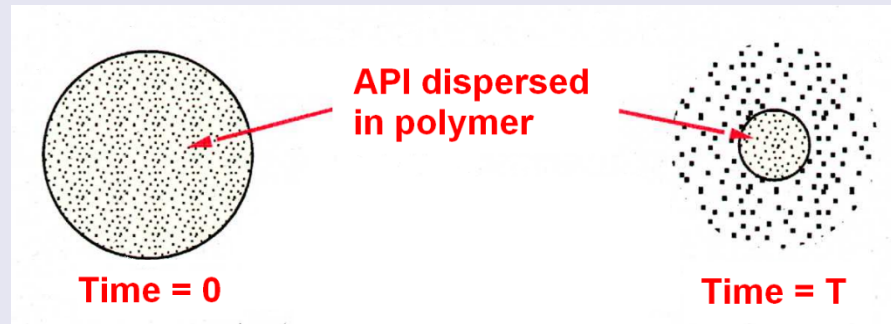


$$m = \sqrt{D(2C - C_s)C_s t}$$

(Higuchi)

m dissolved API at 't' time
 D diffusion constant
 C_s the solubility of the API
 C the initial concentration of the API

Water-soluble or erodible polymer



$$\frac{M_t}{M} = 1 - \left(1 - \frac{k_0 t}{C_0 a} \right)^n$$

M_t = dissolved API at 't' time

M = total API

k_0 = erosion kinetic

C_0 = initial concentration of API

t = time

a = eroding surface

(Hopfenberg)

Classification of pharmaceutical products

abbreviation	english	mean	example	Usually daily dose
CR	controlled release		Sinemet CR	2 x 1
Duo	-	The API is incorporated into two forms of pellets	Diclofenac Duo Pharmavit	1-2 x
EC	enteric coated	With enterosolvent coat	Videx EC	1 - 2 x
ER	extended release	Sustained release	Efectin ER	1 x
GITS	gastrointestinal therapeutic system	Special DDS with first order kinetic	Adalat GITS	1 x
HBS	hydrodynamically balanced system	(floating tablets)	Madopar HBS	3 x
LA	long acting	Sustained release	Inderal LA	1 x
MR	modified release	módosított hatóanyag-leadás	Preductal MR	2 x 1
OD	once daily	Sustained release preparation what should be taken once a day	Ciplox OD	1 x
SR	sustained release/slow release	Sustained release	Flugalin SR	1 x
TR	time release/ timed release	Sustained / time controlled release	Rondec TR*	2 x
XL	extended liberation extra long (release)	Sustained release	Cardura XL	1 x
XR	extended release	Sustained release	Glucophage XR	1 x
ZOK, Z	zero order kinetics	Sustained release preparation with first order kinetic	Betaloc ZOK Metoprolol Z Hexal	1 x

Absorption from the mouth

- *lot of capillary*
- *good absorption of some APIs*
- *the drug can go immediately into the blood*
- *avoiding of the „first pass effect”*
- *rapid action*

Ph.Eur: Tablets for use in the mouth

Sucker tablets

Buccal tablets

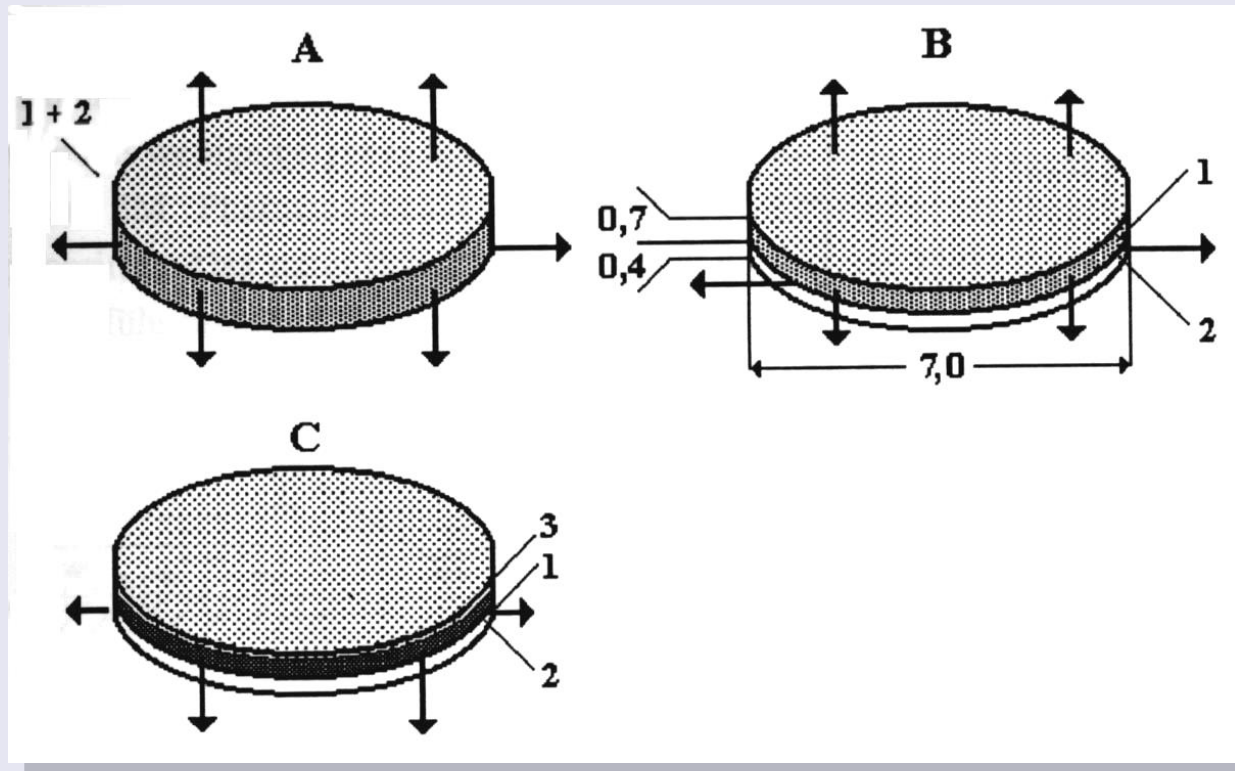
Sublingual tablets

Mucoadhesive preparations (tablets, capsules, filmes)

Dispersible tablets (1. disintegrate in water within 3 min or
2. dispersible in mouth without water)

Chewable tablets and gums

Bioadhesive tablets



1. Drug layer

2. Biadhesive layer

3. Impermeable cover layer

Preparation may be diverse

Chewing gums

Components

API

Aromatic component

Sweeteners:

Sorbitol

Xylitol

Maltitol

Gum base

1848: first chewing gum

1869: first patent

1928: first medical chewing gum

ASA (Aspergum)

dimenhydrinate

1978: nicotinic chewing gum

Local effect

pH (caries)

fluorid (caries)

oral infections : gingivitis, periodontitis, stb. (chlorhexidyne)

miconazole

Systemic effect

pain (acetyl salicylic acid ,

methadone)

smoking (Nicorette, Nicotinell)

obesity (coffein, guarana, chrom- compounds)

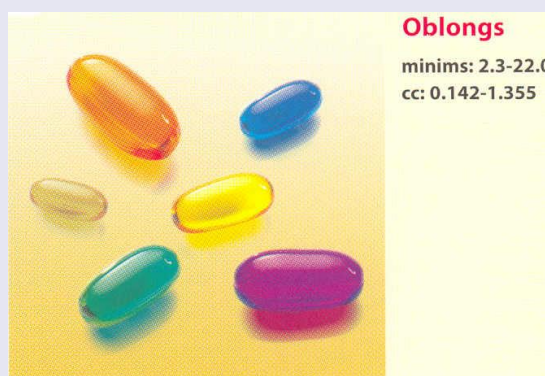
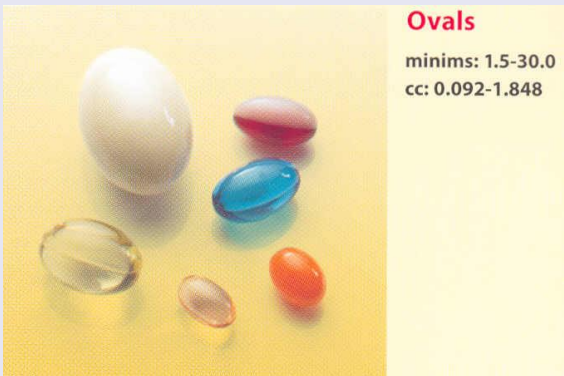
others (allergy, coughing, sickness, diabetes, etc.)

Softgel



Soft capsules, filled with the solution of API, but the solvent is not water.

Pl.: Advil ultra, Nurofen soft capsule



Absorption through the mucosa

OraVescent effervescent buccal tablets

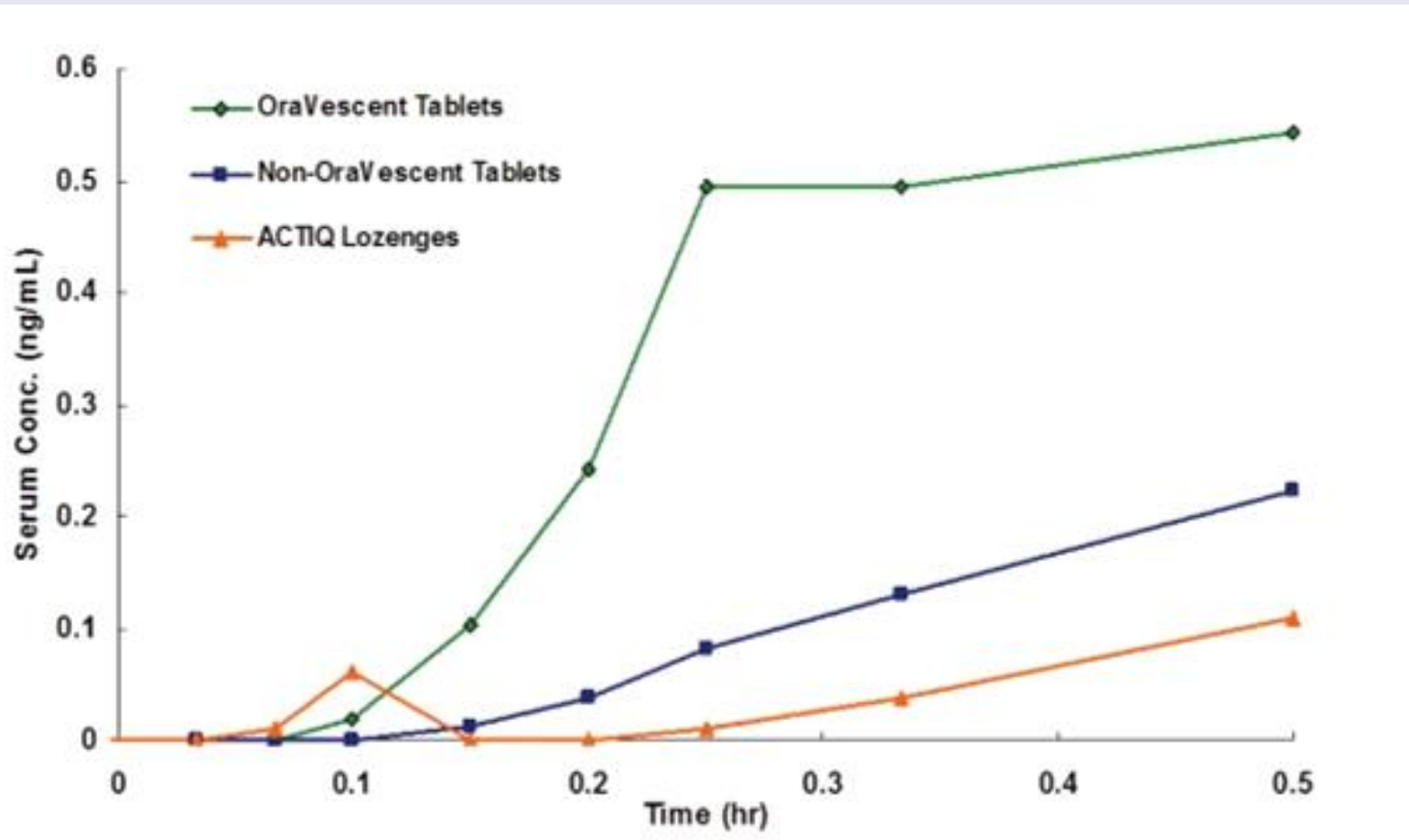


Reason: bioavailability of oral tablets:
about 30%

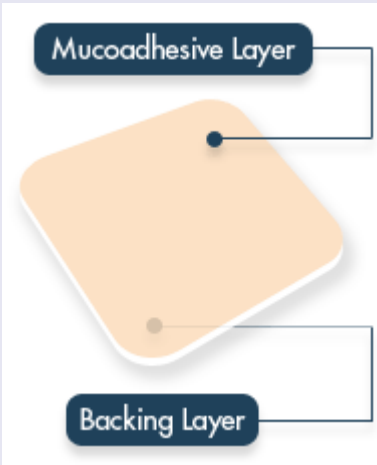
API: fentanyl-citrate



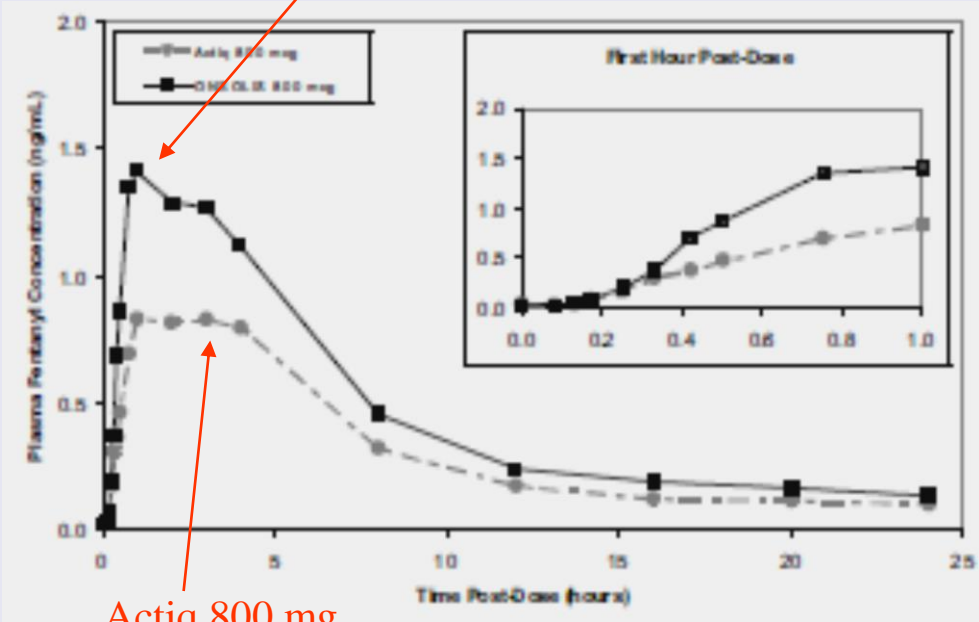
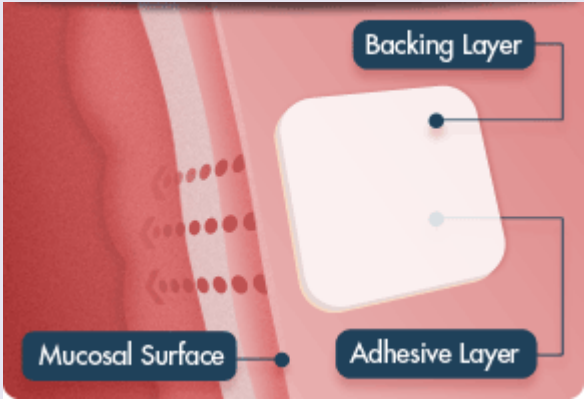
Oral Transmucosal System (OTS) (sucker)



Onsolis^R buccal film (erodeable)



Onsolis 800 mg

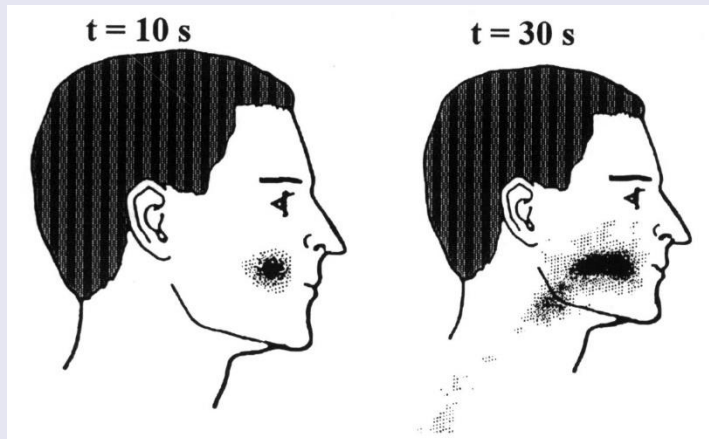


Actiq 800 mg

Dispersable tablets

FDDF = Fast Dissolving Drug Formulation

FDDT = Fast Dissolving Disintegrating Tablet



- *comfortable application*
- *without water*

10 mg technecium

FDDF (Fast Dissolving Delivery Formulation)

Excipients:

- polymer (dextrin, alginat, xanthan gum etc.)
- sugar alcohols (sorbitol, mannitol etc.)
- surfactant
- buffer (eg. citrate)
- taste masking



Preparation

API

Company

Imodium lingual	Loperamid	Janssen,	1993
Feldene melt	Piroxicam	Pfizer,	1992
Zofran ODT	Ondansetron	Glaxo,	1999
Claritin Reditab	Loratadin	Schering Plough,	1997
Motilium	Domperidon,	Janssen,	1999
Zyprexa Zydys	Olanzapin	Eli Lilly,	2000



Methods:

1. **Compression:**
 - **Micronized API**
 - **Solid dispersion**
2. **Pastille preparation (from wet mass)**
3. **Freez drying (Zydis technology):**
 - **aqueous solution or suspension of API**
 - **filling the formed blisters**
 - **freez drying**
 - **closing the blisters**

Zydis technology



Some patents



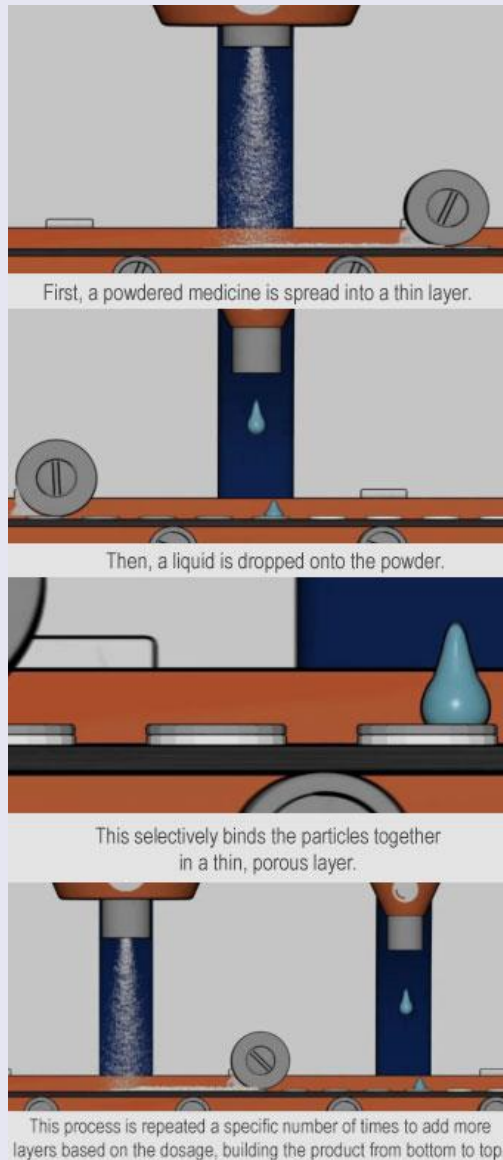
Patent	Method	Company	API
Zydis Quicksolv Lyoc	Cryo dehydration	R. P. Scherer, Inc. Germany Janssen Pharmaceutical Inc. USA Farmaloc, France	Olanzapine Cisaprid monohydrate Fluoroglucynol hydrate
Flashtab Orasolv Durasolv Wowtab Ziplets	Direct compression	Ethypharm, France Cima Labs, INC. USA Cima Labs, INC. USA Yamanouchi Pharma Tech. INC. Eurand International, Italy	Ibuprofen Paracetamol Zolmitriptane Famotidine Ibuprofen
Advatab	Microcapsuls and diffuscap CR	Eurand International, Italy	Cetryzine chloride
Flashdose	„Cotton candy” techn.	Fuisz Technology, Ltd, USA	Tramadol chloride
Oraquick	Micromasc taste masking	KV Pharm. Co. Inc., USA	Hioscyamine sulphate

Important: high porosity, superdezintegrants, water soluble excipients

Co-processed excipients

Brand name	Excipients	Company	Advantages
Ludipress	Laktose, 3,2% Kollidon 30, Kollidon CL	BASF AG	Small hygroscopicity. Good flowability.
Cellactose	Laktose, 25% cellulose	Meggle GmbH	Good compressibility, savouriness.
Prosolv	MCC, silica dioxid	Penwest	Good flowability, hardness, and small friability.
Avicel CE-15	MCC, gum arabic	FMC corp.	Good taste masking
ForMaxx	Calcium carbonate, sorbitol	Merck	Homodispersity
Microcelac	MCC, laktose	Meggle	Suitable at high doses too
Pharmatose DCL 40	95% β -laktose, 5% laktitol	DMV Veghel	Good compressibility
StarLac	85% α -laktose, 15% maize starch	Roquette	Good flowability

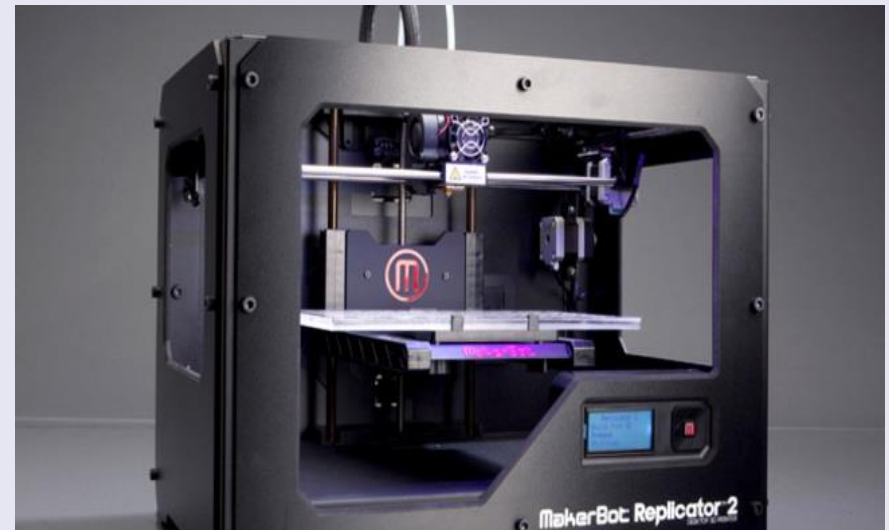
ZipDose technology



3D printed tablets



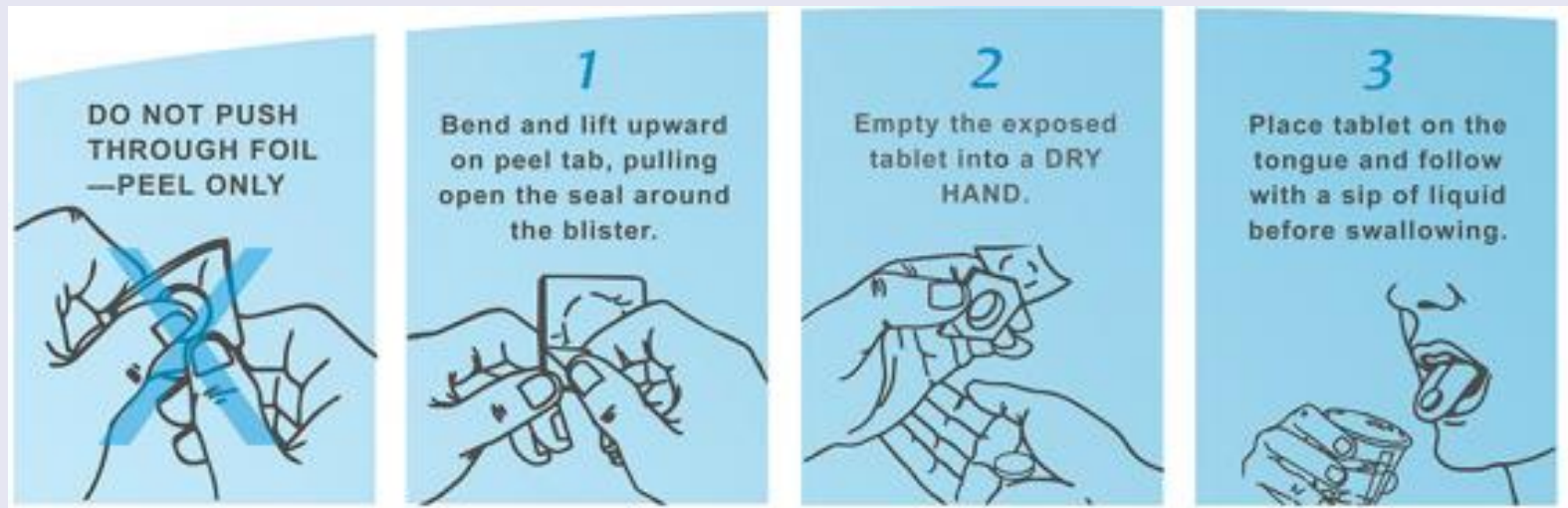
Spritam tabl.



Printer

ZipDose technology

- Unit dose
- High porosity
- Quick disintegration



Excipients of Spritam tablet

- colloidal silicon dioxide,
- glycerin, mannitol, microcrystalline cellulose, polysorbate 20, povidone,
- sucralose, butylated hydroxyanisole, and natural and artificial spearmint
- flavor.

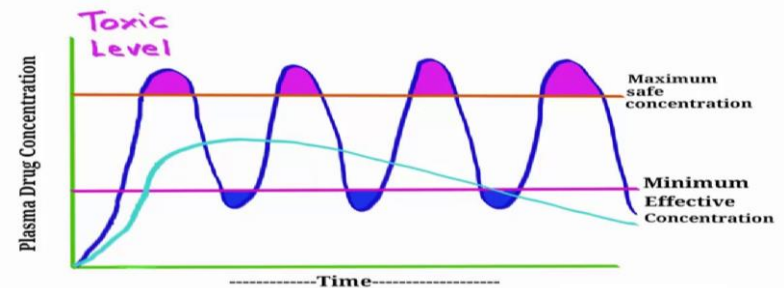
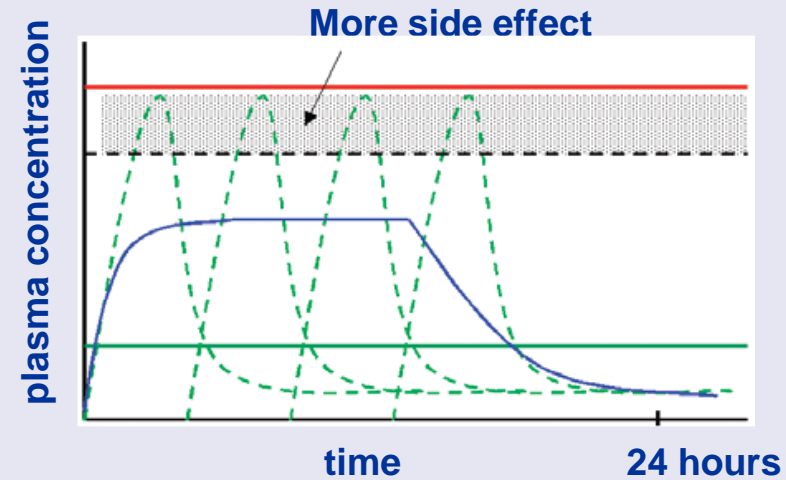
Modified drug release

Advantages

- less medication,
- longer action,
- less side effect,
- steady plasma concentration,
- better compliance.

Modified drug release:

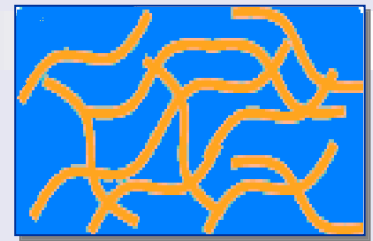
- sustained release
- delayed release
- pulsatile release
- (immediate release)



Methods:

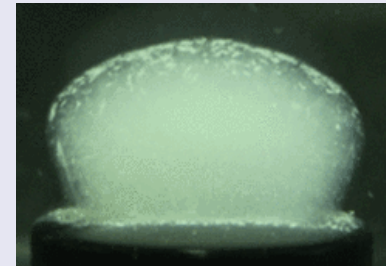
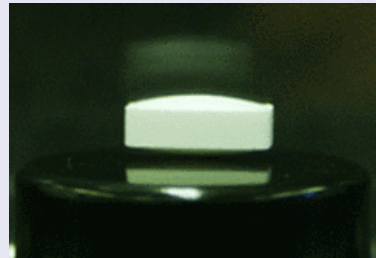
- monolithic matrix
- filmcoating
- Oral Osmotic System
- bi- or multilayer tablets

Monolithic systems

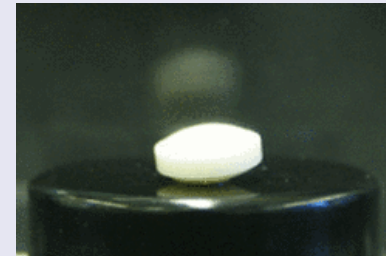


Drug release has happen by diffusion or by erosion.

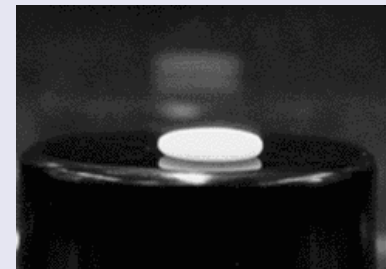
Swellable matrix



Non swellable matrix



Erodeable matrix



Erodeable matrix

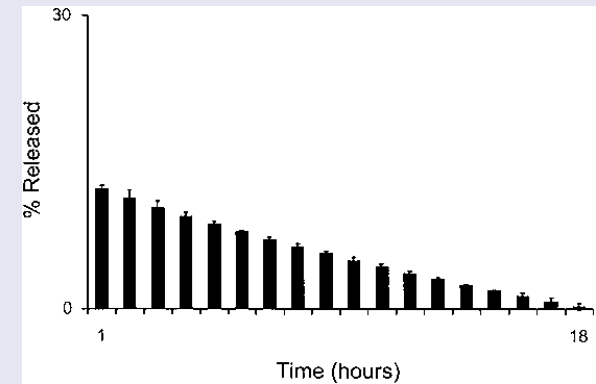
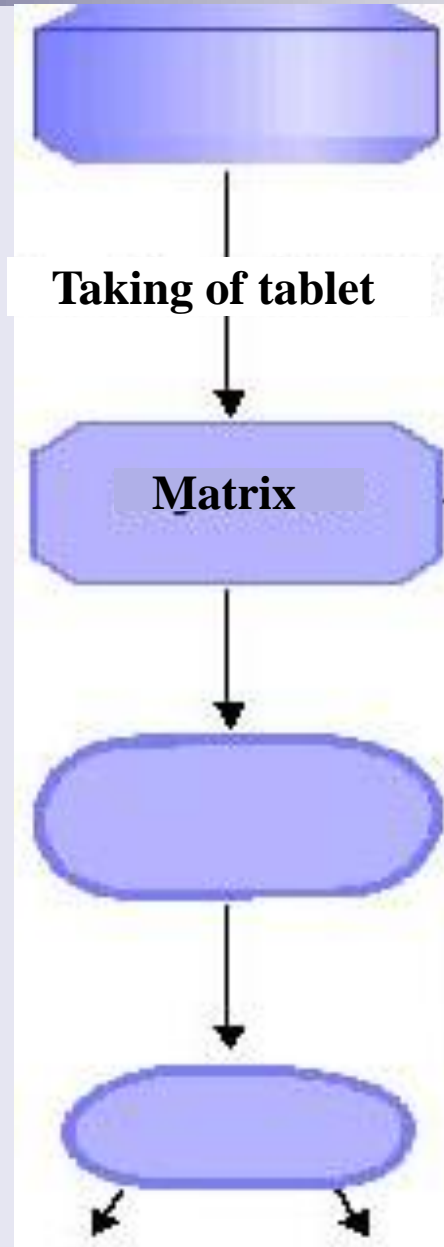
1. Wetting

- wetting of the surface
- hydration of polymer
- gel barrier
- dissolution from the outer layer

2. Expansion of gel layer.

- water penetration into tablet
- increasing of thickness of gel layer
- liberation of API through the gel layer by diffusion

Water soluble API: dissolution by diffusion



← Gel barrier

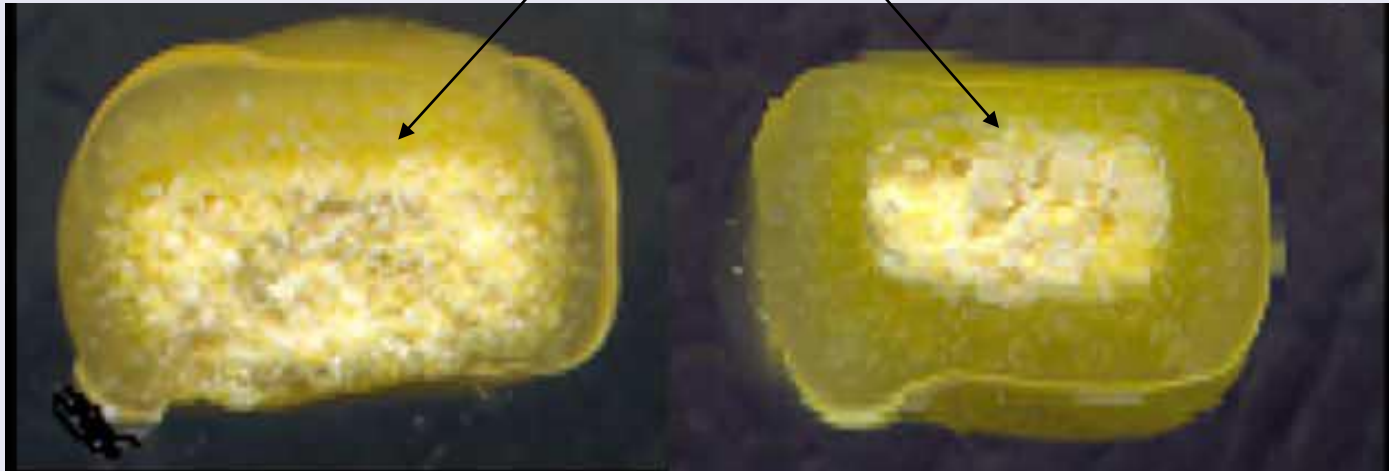
3. Erosion

- total hydration of outer layer
- its resolution in gastric juice
- water penetration into core

Insoluble API: dissolution by erosion

Swellable matrix

moving gelfront

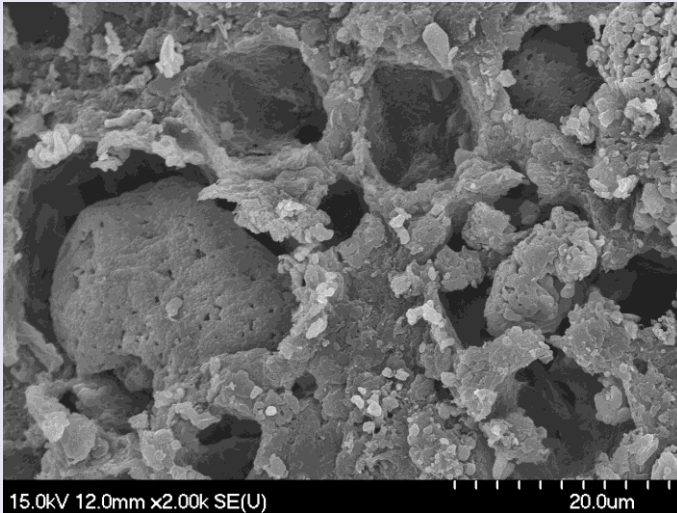


API: tetracyclin chloride

Polymer: HPMC

Non swellable matrix

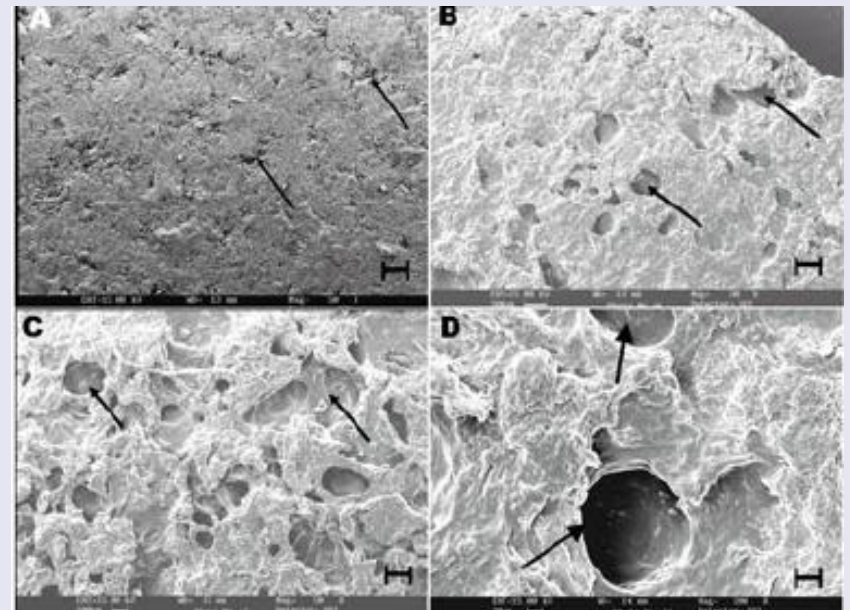
digestible



Elnazeer I. Hamedelniei: Development and characterization of matrix pellets prepared by extrusion and spheronization of Atenolol
PhD Thesis, Szeged, 2011.

non digestible

Surface of tablet (SEM, 5000x)



A: before dissolution

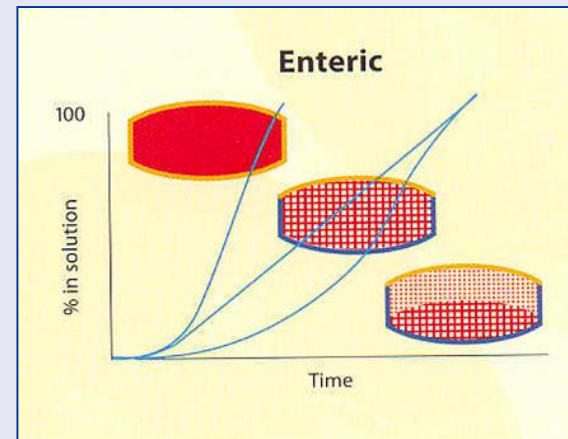
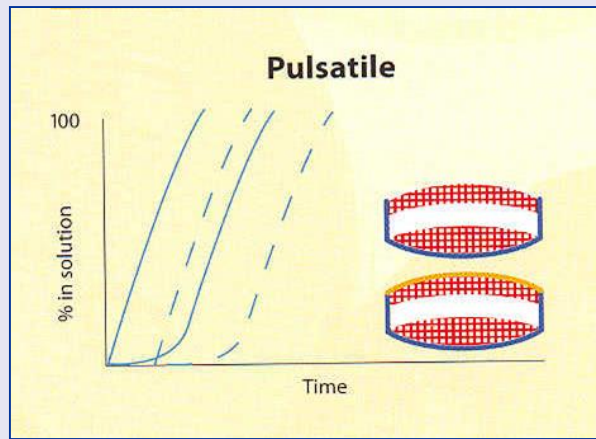
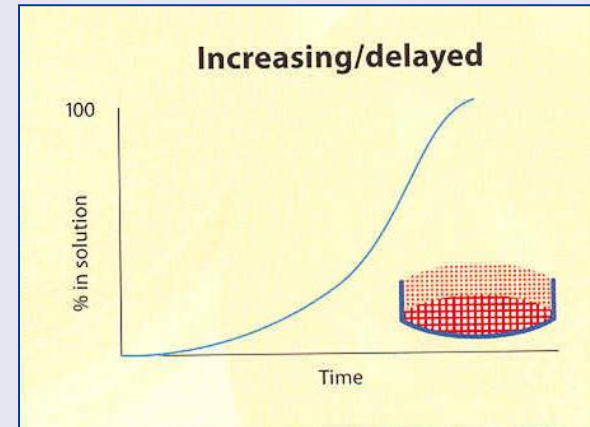
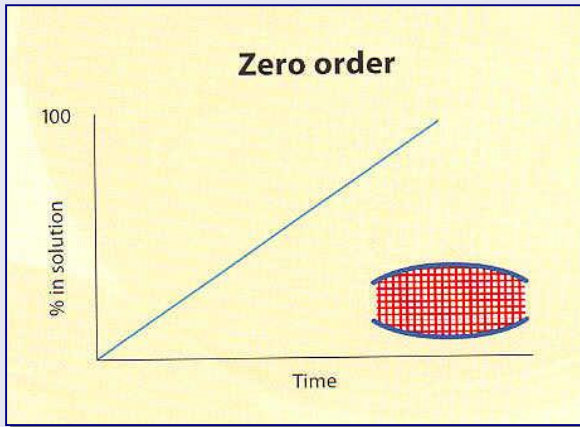
B: after 2 hours of dissolution

C: after 5 hours of dissolution

D: after 10 hours of dissolution

Film coating

Combination of film coating and matrix systems



Delayed release

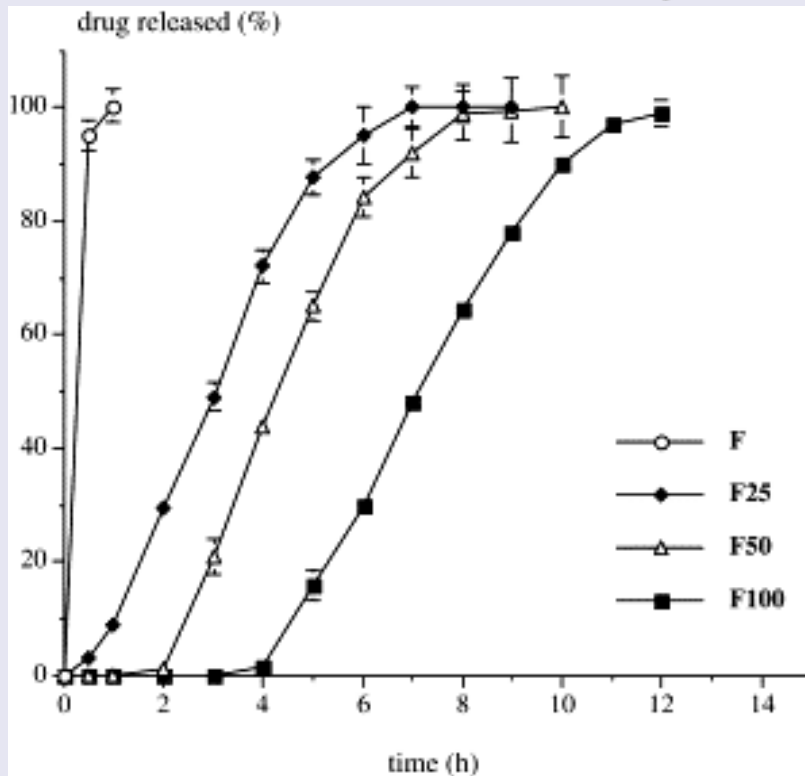
1. Drug release is started later (lag time).
2. Gastric resistant (intestinosolvent) preparations

Reasons:

- Prevention of API against acidic milieu
- Prevention of mucous membrane against API
- Local therapy in GI system

Delayed release

Film coating

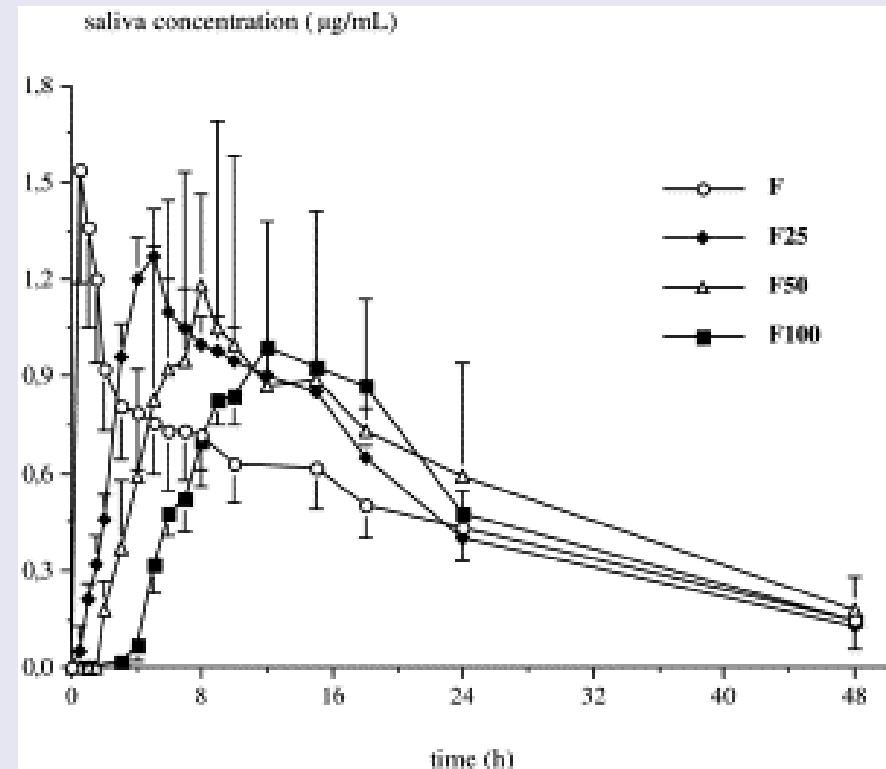


In vitro

Tablet:

API: antipyrine

Coating: HPMC

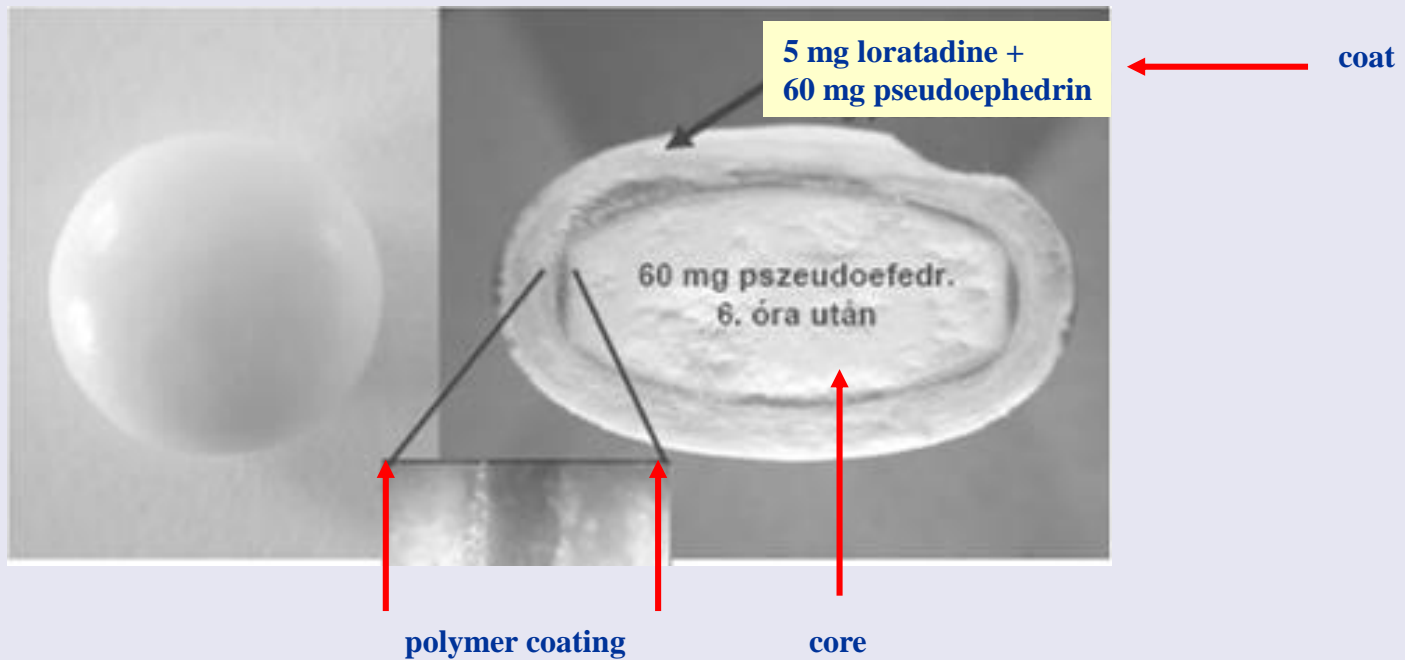


In vivo 43

Delayed release preparations



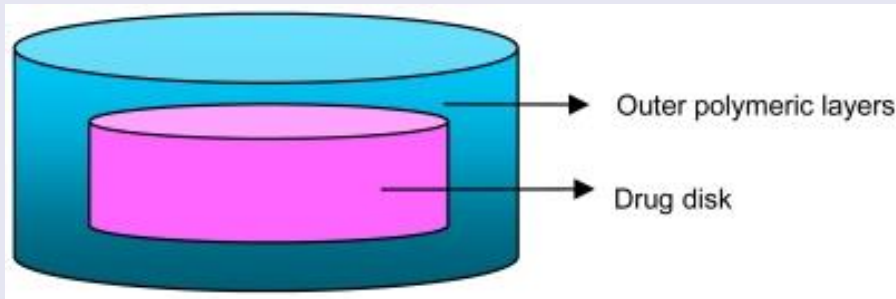
Multilayer coated tablets



Coated tablets

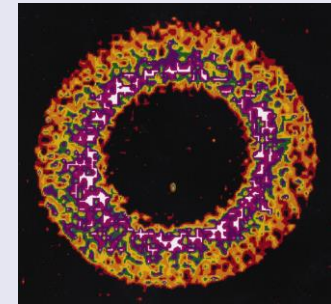
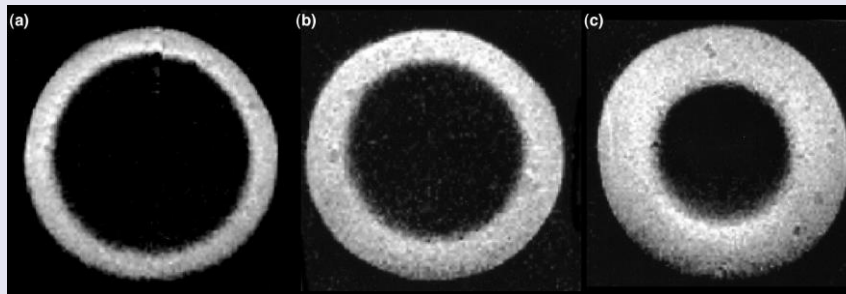
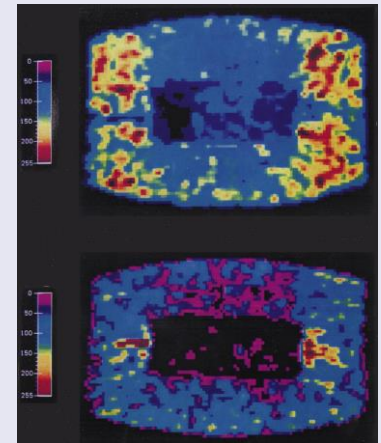
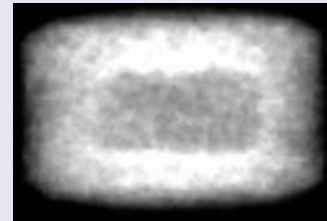
(Caped tablets)

Geolock technology



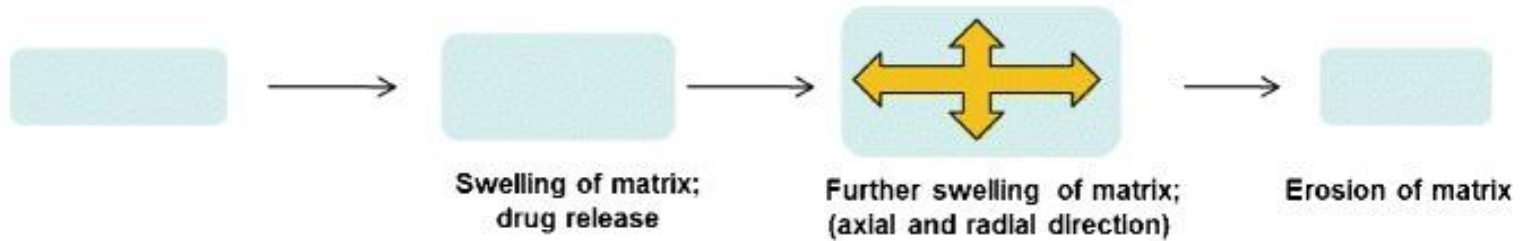
MRI

Cross section

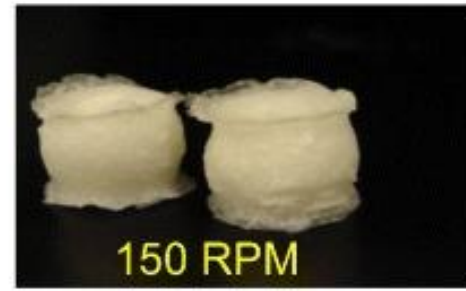
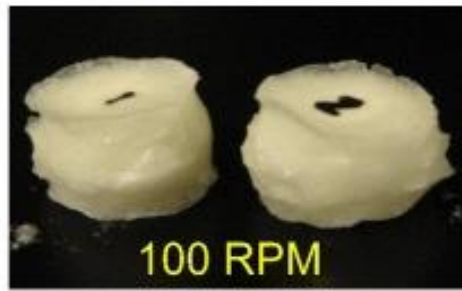
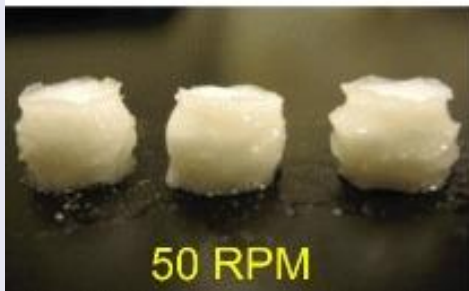
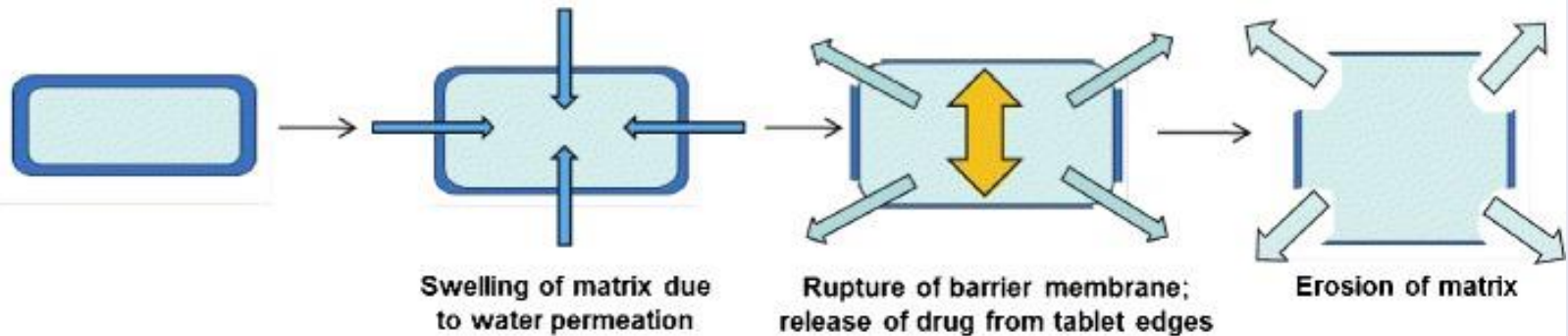


Viewed from above

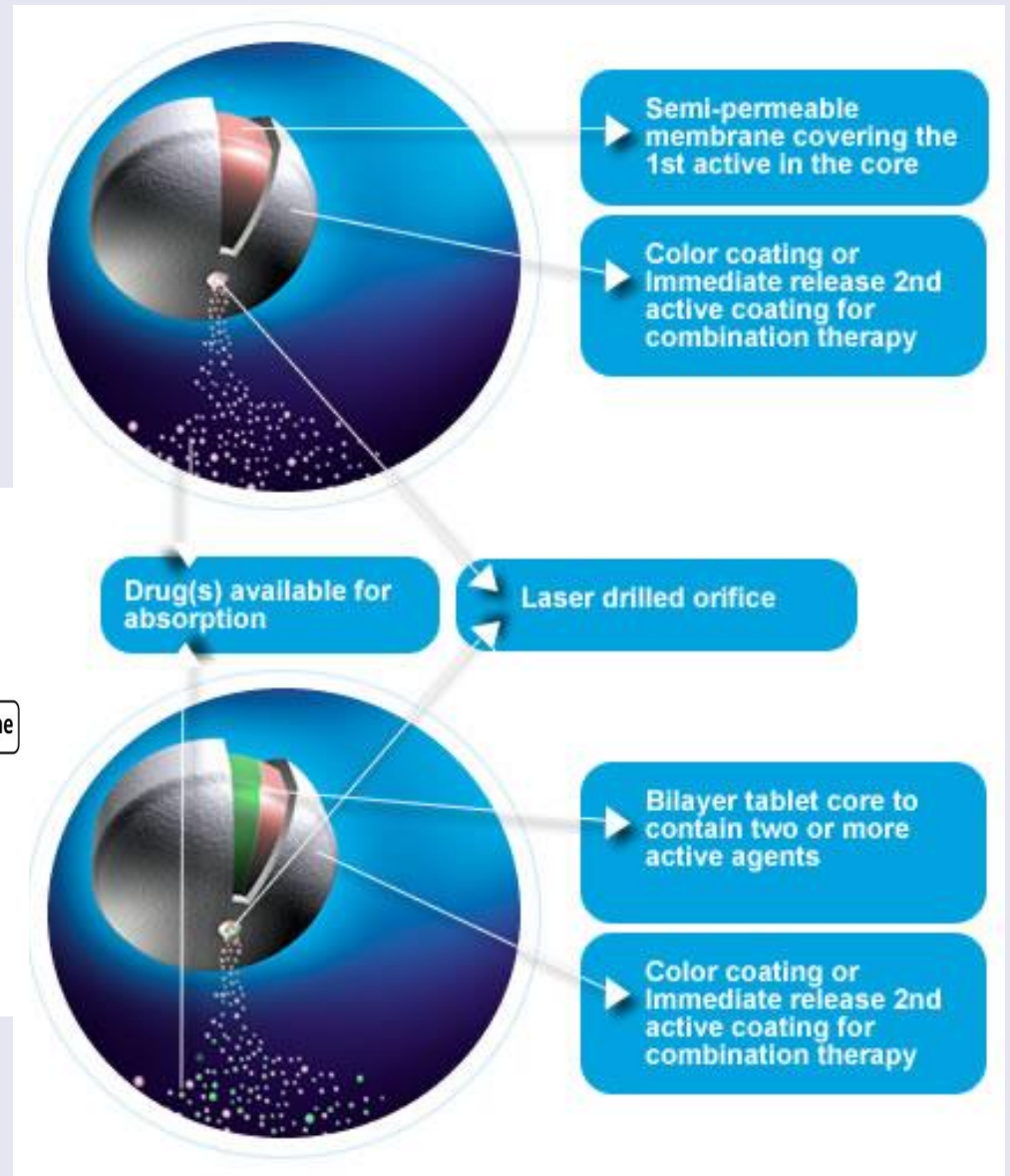
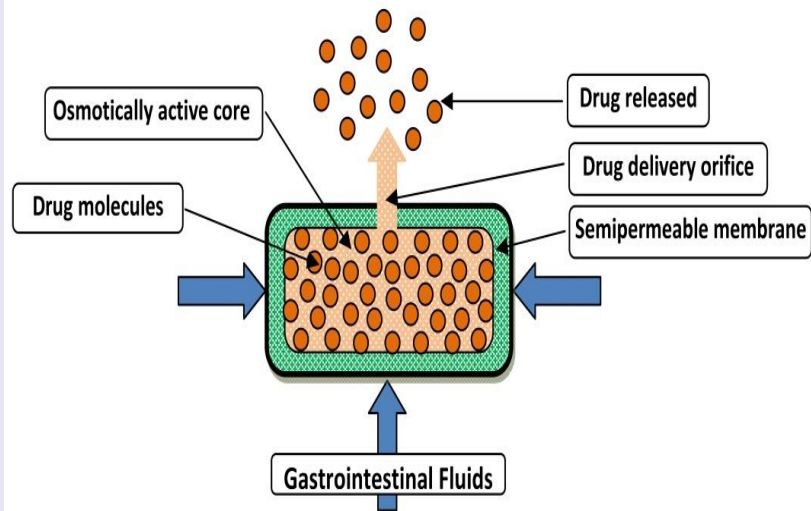
Uncoated Matrix Tablet:



Ethylcellulose Coated Matrix Tablet:



OROS technology



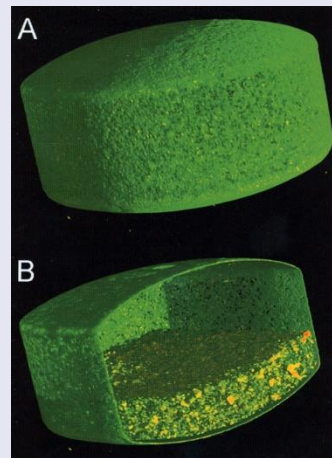
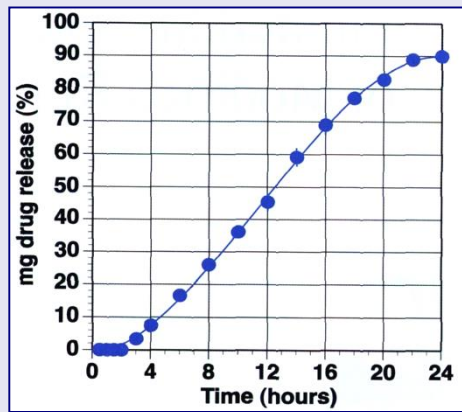
Adalat OROS tablet

Components

API: nifedipine

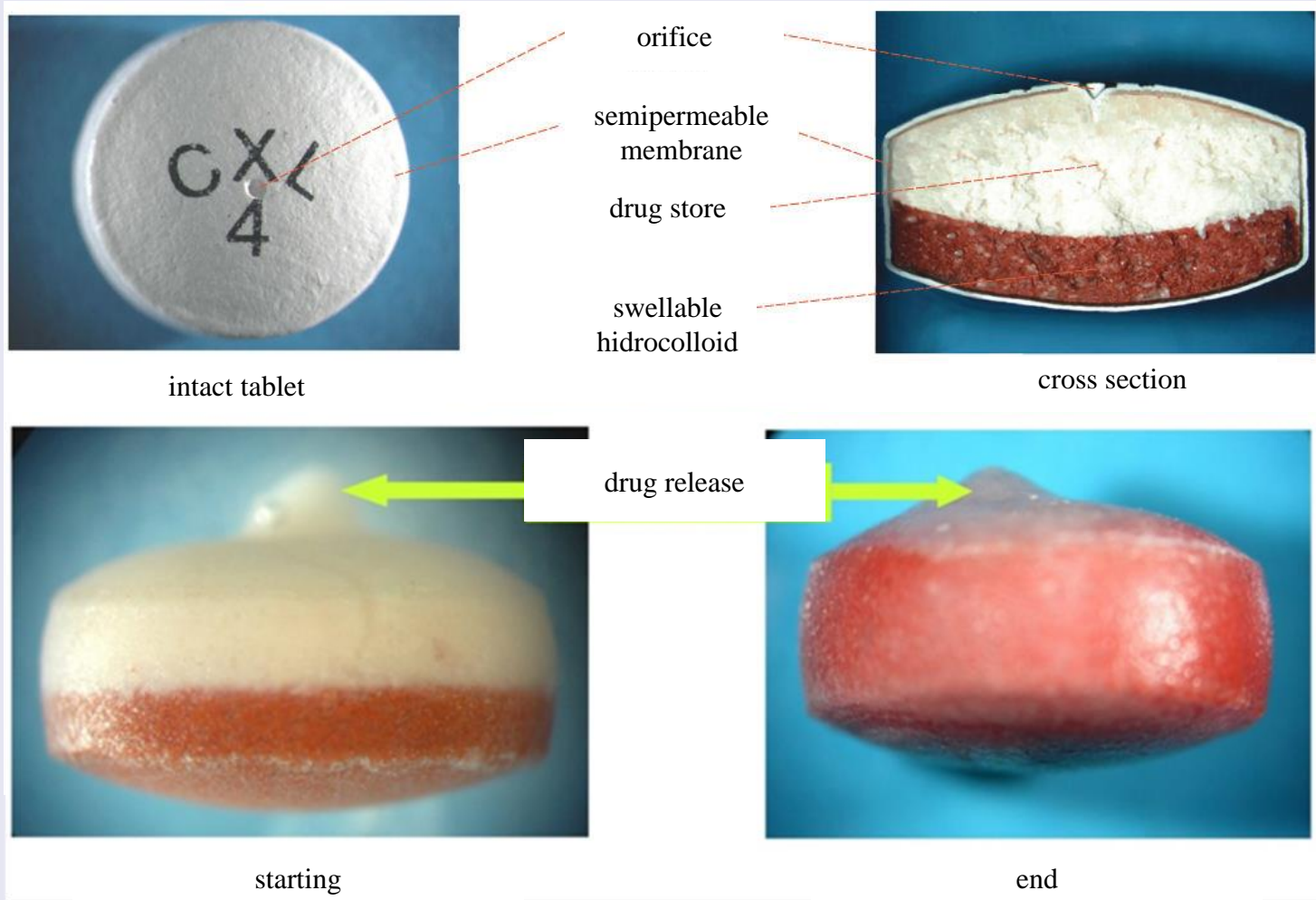
Core and coating: magnesium stearate, hypromellose (5 cP), polyethylene oxide, cellulose acetate, hydroxypropyl cellulose, titan dioxide (E 171), hypromellose (3 cP), propylene glycol, red iron oxide (E 172), hypromellose (5 cP).

Colour: Opacode S-1-17823 (containing black iron oxide /E 172/).



Mikro-CT image

Cardura XL



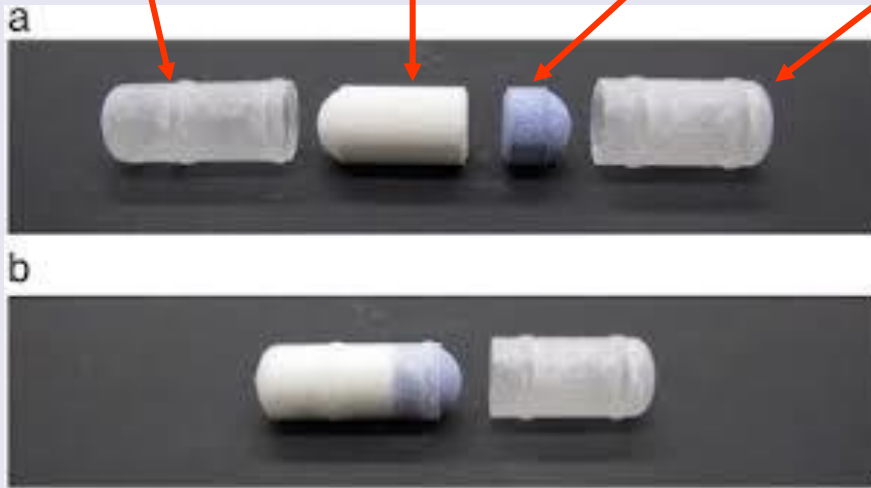
Osmotic capsules

corpus of capsule

core with drug

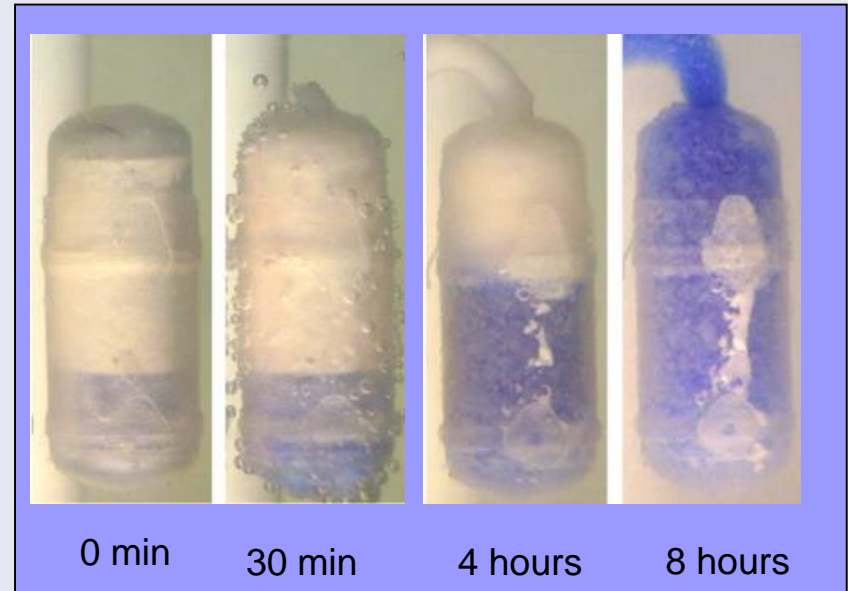
swellable part

cap of capsule



filled corpus

Process of dissolution



Kenneth C. et al.: Osmotic capsules: An universal oral, controlled-release drug delivery dosage form. *J. Controlled Release*, 152, 264-269, 2011

Dissolution model of osmotic systems

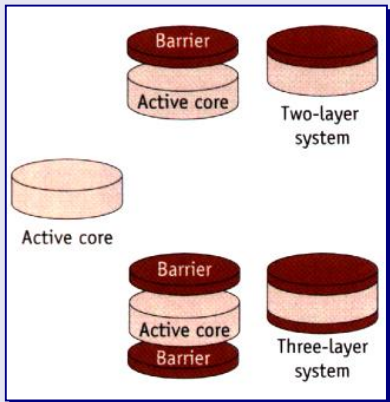
$$\frac{dm}{dt} = \frac{AK}{h(\Delta\pi - \Delta p)c}$$

- $\Delta\pi$ osmotic pressure
 Δp hydrostatic pressure
 A surface of the membrane
 c concentration of API in the osmotic pump
 K constans

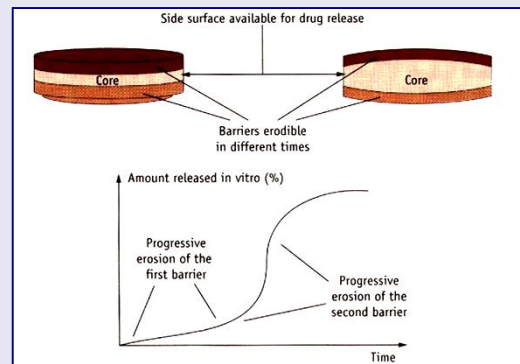
Two or multilayer tablets



- long time therapy
- combination-therapy
- different drugs (short and long life time) together
- rapid and slow release layer with the same drug
- decreasing the side effect



Biomodale release tablet: Two different erodeable barrier



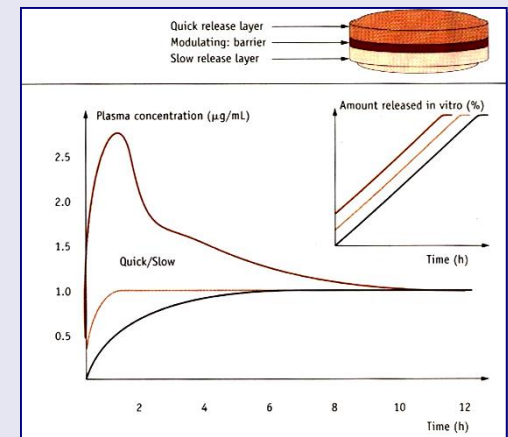
Conte, U., Maggi, L.: Multi-layer Tablets as Drug Delivery Devices, Pharm. Technol. Eur., February 1998, Vol 10, No 2, 18-25

Eg.: Multi-Tabs tabl., Coldrex tabl., Diclac retard tbl., MicardisPlus tabl., Ferrograd filmtabl., stb.

DUREDAS™ Technology
DUal Release Drug Absorption System

Elan Drug technology

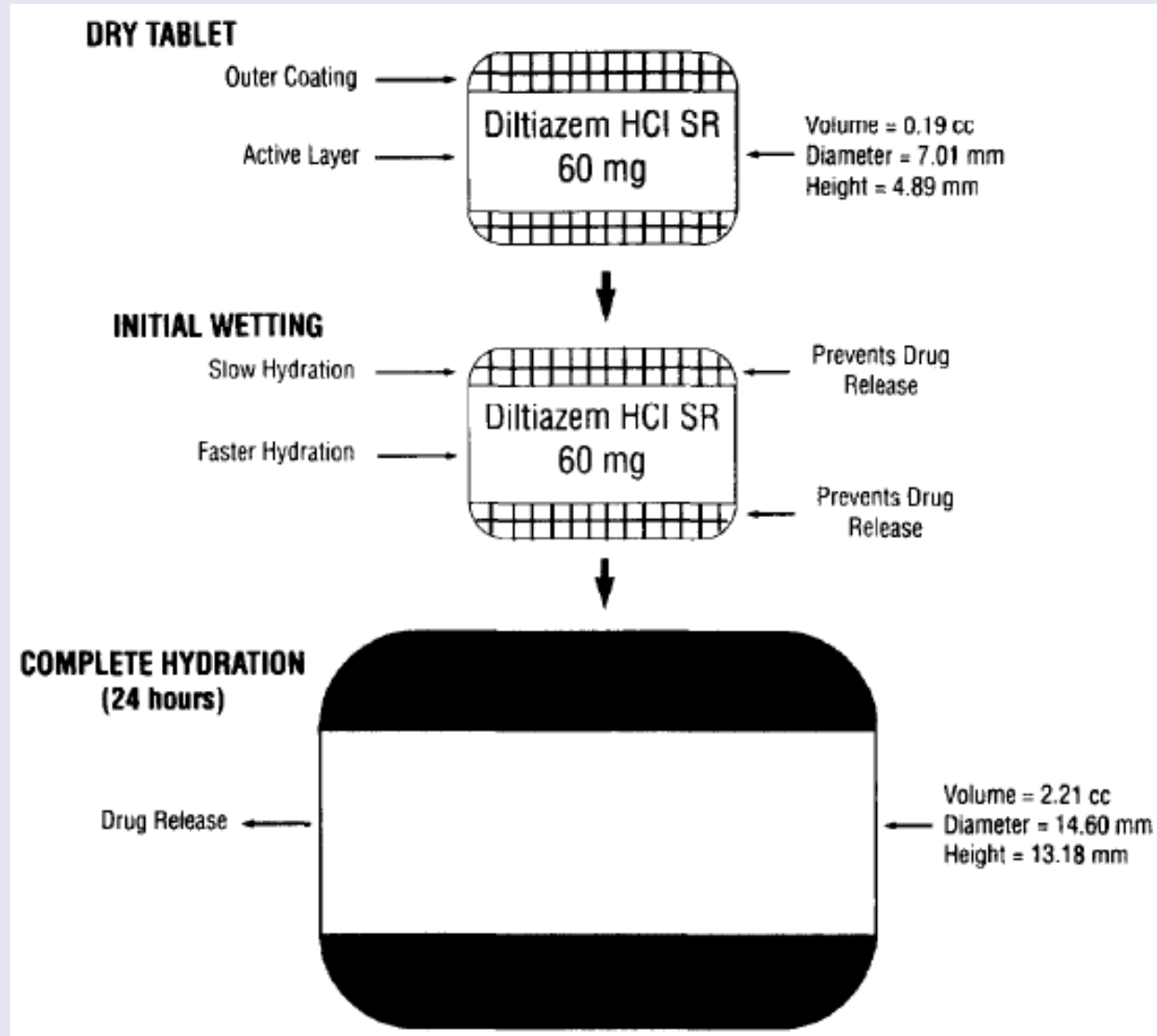
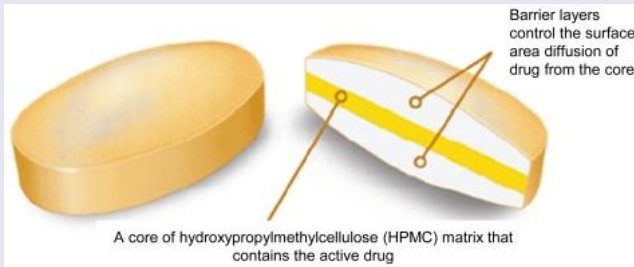
rapid/slow release layer:



Combination:
0:120 mg (--), 30/120 mg (--), and 90/120 mg (--)

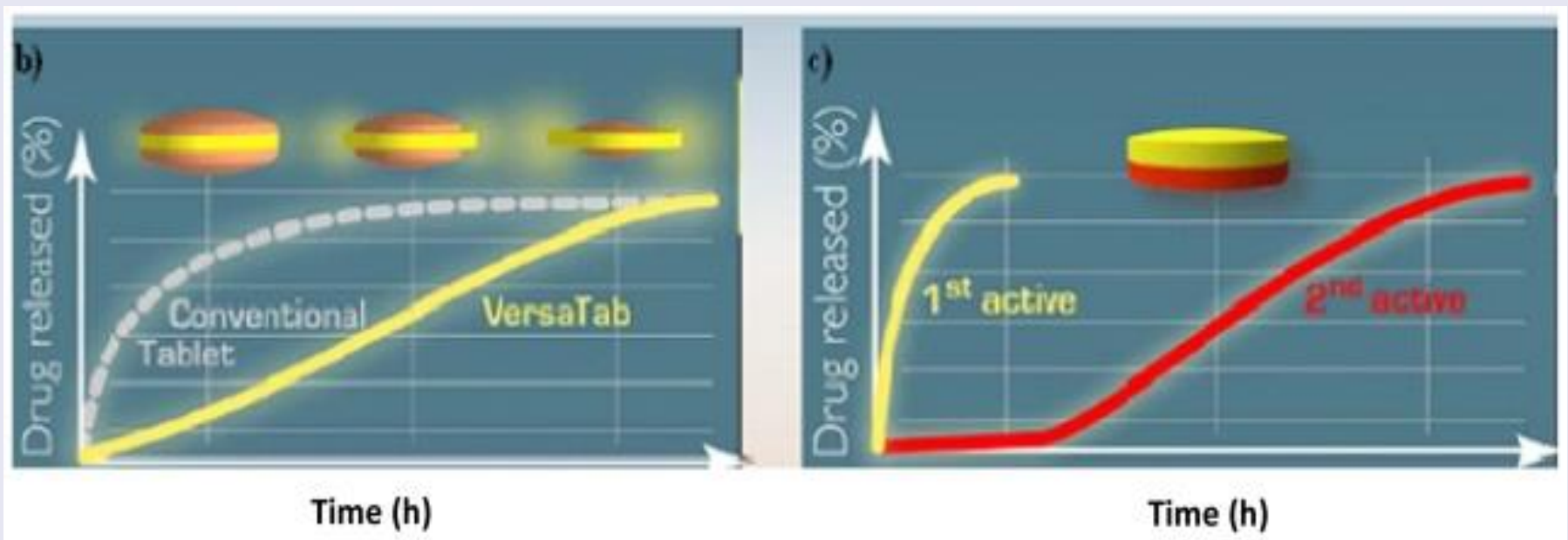
Multilayer tablets

Geomatrix



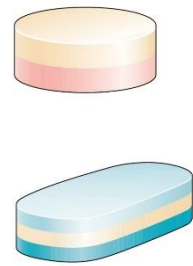
Skyepharma
Switzerland

Multilayer tablet



SkyePharma

Solutions



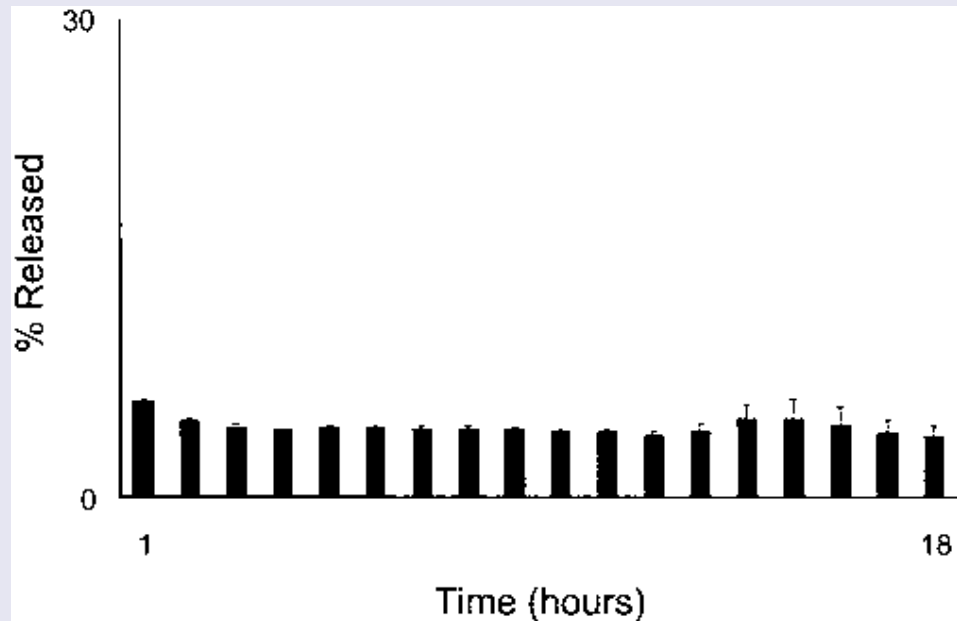
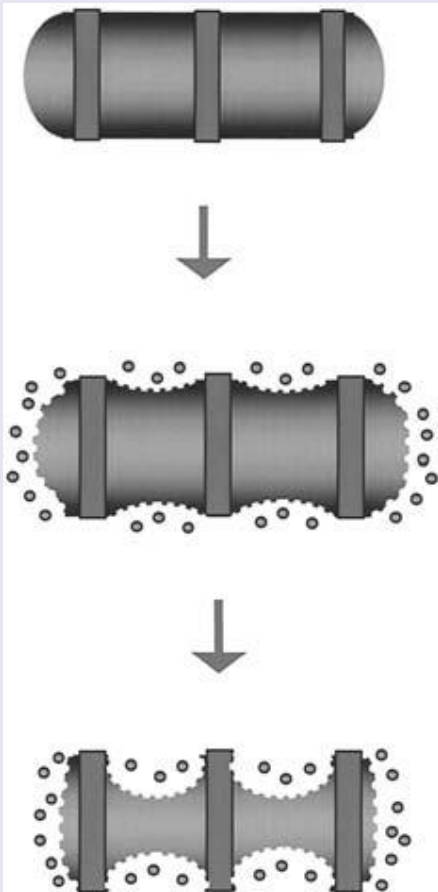
Basic polymer	Barrier	Type of tablet	Type of dissolution
Hydrophil	Hydrophil	Two layer	Sustained r.
Hydrophil	Hydrophob	Two layer	Sustained r.
Hydrophob	Hydrophil (Methocel [®] K4M)	Three layer	0 order k.
Hydrophob (CW)	Hydrophob (karnauba wax)	Three layer	Non-linear drug release
Hydrophob (CW)	Hydrophil (Methocel [®] K15M) and Hydrophob (CW)	Three layer	0 order k.
Hydrophil (HPMCAS&HPMC)	Hydrophob (EC)	Three layer	0 order k.

Ringcap



- ring-like coating
- unsoluble and non erodeable polymer
- number and thickness of rings

RINGCAP technology



Press-Fit és XPress-Fit gelcap

Caplet of a specified shape and dimension ...



Flexible gelcaps are stretched around the caplet ...



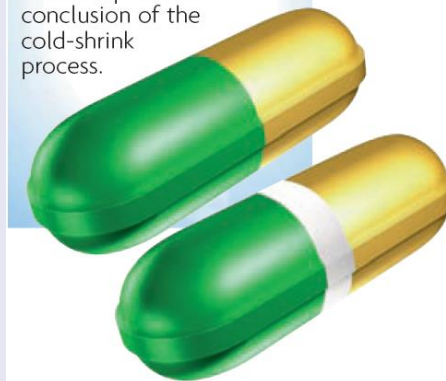
Press-Fit* meets at the midpoint, while XPress-Fit* leaves a gap.



Rapid release

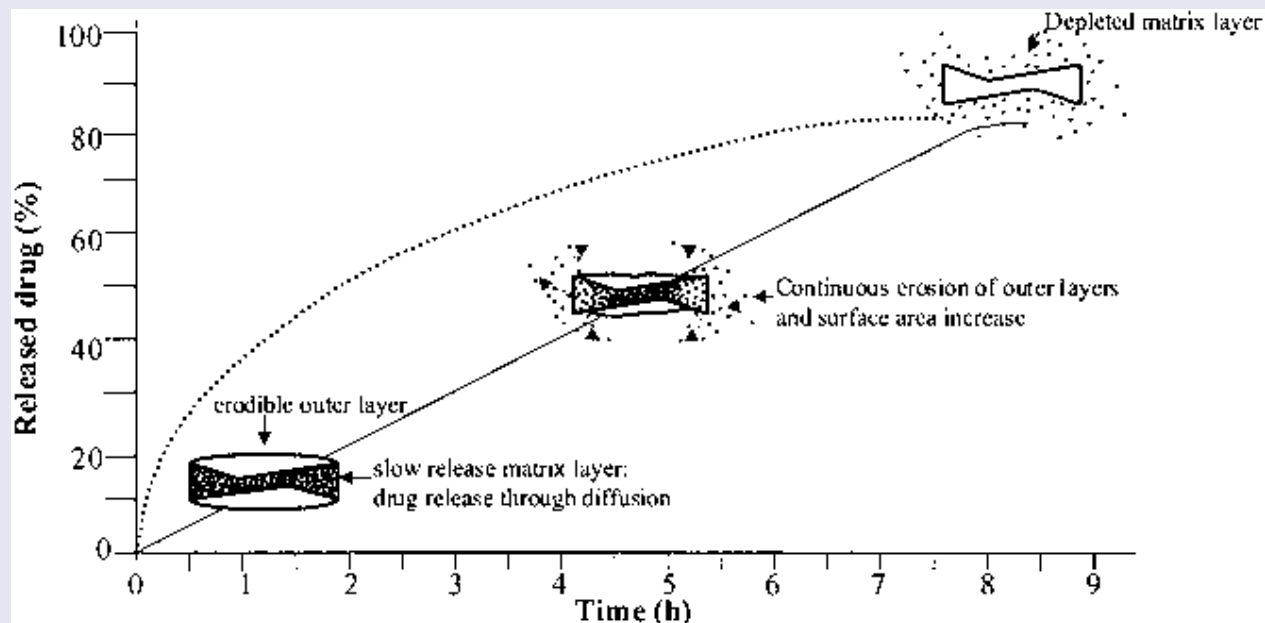
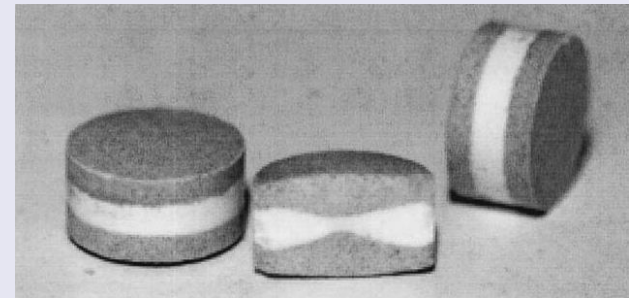


Both Press-Fit* and XPress-Fit* gelcaps assume the shape of the caplet at the conclusion of the cold-shrink process.



SMARTRIX technology

Controlling by geometry of matrix :



... and we are going on ...

